

BACKDOOR ROTH



Too rich for a Roth? Use the side door.

A Roth grows **tax-free for life** — but the IRS locks high earners out of the front door by income. The backdoor Roth is a **100% legal** way in — and there's no income limit on it.

THE WALL — WHO'S LOCKED OUT

Earn above these **2026** limits and you can put **\$0** straight into a Roth:

FILING STATUS	PHASE-OUT BEGINS	FULLY LOCKED OUT
Single / HoH	\$153,000	\$168,000
Married, jointly	\$242,000	\$252,000



The catch the IRS left open
Roth conversions have no income limit — that's the door everyone walks through.

THE MOVE — THREE STEPS

1



Fund a Traditional IRA

Put in up to **\$7,500 (\$8,600 if 50+)** — **nondeductible**. Anyone can, at any income.

2



Convert it to a Roth

Move the money to your Roth IRA. **No income limit here** — do it soon after step 1.

3



File Form 8606

Tells the IRS the money was already taxed — so you're **not taxed twice**.

SEE IT WORK

\$7,500

into a Traditional IRA



convert

no income limit



\$7,500 Roth

growing tax-free

With no other IRA money, the conversion is **\$0 tax** — clean straight through.



Simple — until one rule bites. →

Next: the pro-rata trap, the fix, and the mega version.

BACKDOOR ROTH



The move is easy — the setup is everything

One rule decides tax-free win or taxable mess. Then a bigger door lets the right savers pour in **6x more**.

1 The pro-rata trap

The IRS pools **every** Traditional, SEP & SIMPLE IRA you own and taxes your conversion by the pre-tax share. Old pre-tax money poisons the backdoor.

Say you add **\$7,500** after-tax but already hold **\$67,500** pre-tax:

YOUR TOTAL IRA POOL ON DEC 31 — \$75,000



Convert \$7,500 → the IRS taxes **90% of it**. Only **~\$750** lands tax-free.



The fix — empty the pool first

Roll pre-tax IRAs into your **401(k) by Dec 31** (it's not counted) → convert **100% tax-free**.

2 The mega backdoor

Some 401(k)s let you add **after-tax** money on top of your normal deferral, then convert it to Roth — filling the whole **\$72,000** plan limit.

ROTH DOLLARS YOU CAN STASH PER YEAR



After-tax 401(k) dollars = **\$72,000** total – your deferral – any employer match.
Only if your plan allows **after-tax contributions + in-plan Roth conversions**.

THE BOTTOM LINE

Clear the pro-rata trap, and a high income can't keep you out of tax-free.